



**Procedure Information -
Laparoscopic Assisted Vaginal
Hysterectomy with or without
Bilateral Salpingo-oophorectomy**

Visit No.: Dept.:
Name: Sex/Age:
Doc. No.: Adm. Date:
Attn. Dr.:
Patient No.: PN

Page No:

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+10	+20	+30	+40	+50	+60	+70	+80	+90

*Please fill in /
affix patient's label*

Introduction

Removal of uterus, with or without both ovaries and tubes, by inflating the abdominal cavity with carbon dioxide and inserting instruments through small incisions into the abdomen.

Indications

1. Heavy menstrual flow
2. Pelvic or abdominal mass
3. Risk of cancer

The Procedure

1. General anaesthesia
2. Urinary bladder catheterized
3. Pneumoperitoneum created by insufflation of carbon dioxide
4. Abdominal incision
5. Passage of telescope and instruments into abdomen
6. Uterus removed vaginally
7. Upper part of the uterus freed, with or without both ovaries and tubes
8. Incision made around cervix vaginally and lower part of the uterus freed
9. Closure of vaginal and abdominal wounds
10. All tissue removed will be sent to Pathology Department or disposed of as appropriate unless otherwise specified

Risk and Complication

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

Possible risks and complications (not all possible complications are listed)

1. Anaesthetic complications
2. Conversion to laparotomy if required
3. Injury to adjacent organs, such as bladder, ureters, bowels and blood vessels, may require repair
4. Bleeding, may require blood transfusion
5. Pelvic infection
6. Wound complications, such as infection and hernia
7. Deep vein thrombosis and pulmonary embolism
8. Vault prolapse

Pre-operative information

1. Your doctor will explain to you the reason, procedure and possible complications
2. You will need to sign a consent form before operation
3. No food or drink for 6 to 8 hours before operation
4. Blood taking for blood typing and screening
5. Fleet enema may be given if necessary as instructed by your doctor
6. Pubic hair is shaved if necessary as instructed by your doctor



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Post-operative information

1. Take analgesics as prescribed by your doctor
2. Contact your doctor or attend a hospital if you experience severe abdominal pain, purulent discharge, heavy vaginal bleeding, fever (body temperature above 38°C or 100°F), or other unusual symptoms
3. No menstruation and cannot get pregnant after operation
4. Avoid lifting heavy weights in the first 2 months after operation
5. Avoid sexual intercourse in the first 2 months after operation
6. Consult your doctor before resuming sexual intercourse
7. Hormonal status should not be affected if ovaries are not removed but ovarian failure may occur 2 to 4 years earlier than natural menopause
8. Climacteric symptoms may occur if ovaries are removed in pre-menopausal patients
9. Discuss with your doctor about hormonal replacement therapy if required

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Department of Obstetrics & Gynaecology - The University of Hong Kong

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date